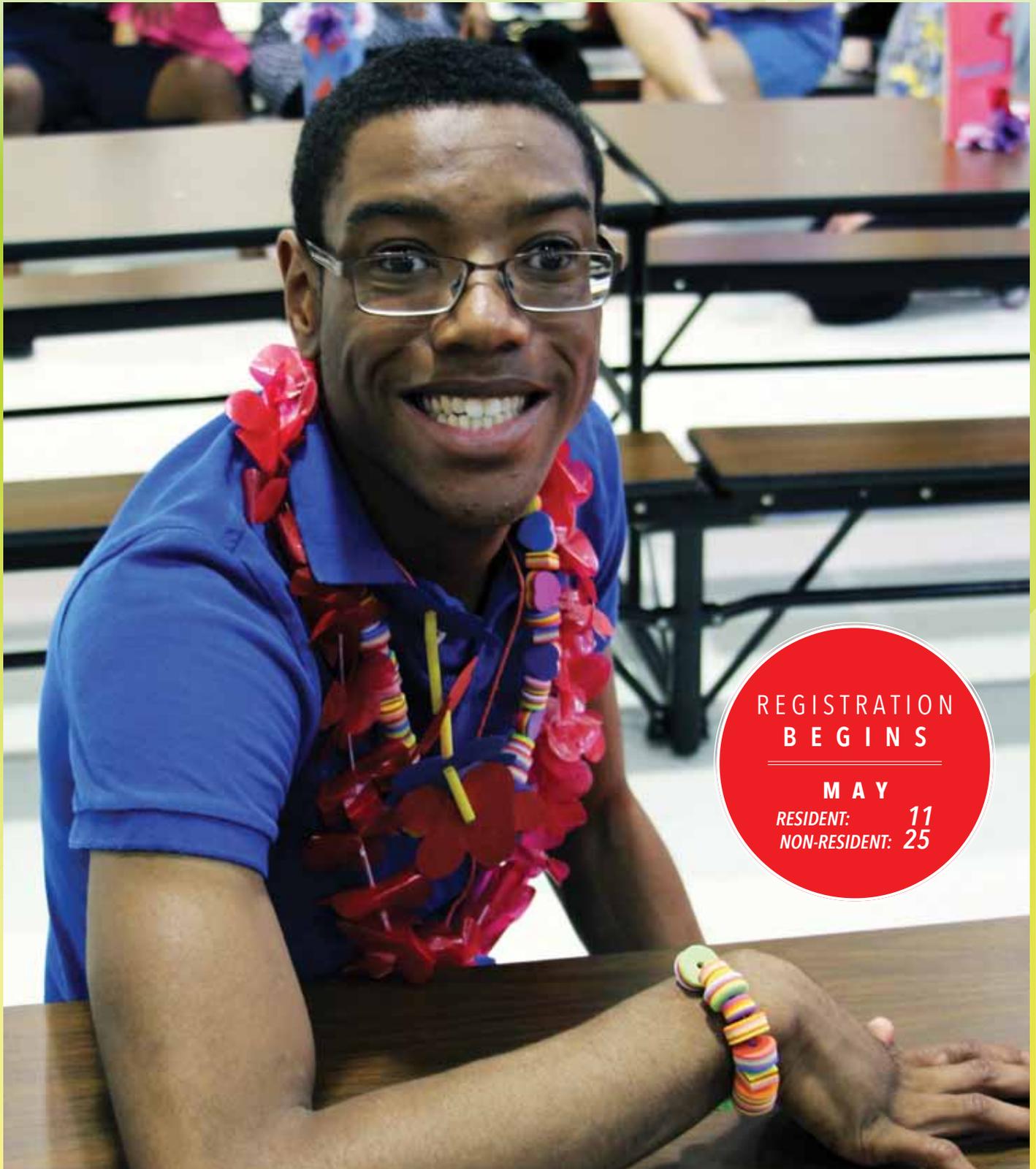




Lily Cache Special Recreation Association  
**2016 SUMMER GUIDE**  
*lilycachesra.org*



REGISTRATION  
B E G I N S

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M A Y

RESIDENT: 11  
NON-RESIDENT: 25

**DISCOVER** Recreational Programs and Opportunities for People With Disabilities



Serving Bolingbrook and Plainfield Park Districts  
 201 Recreation Drive, Bolingbrook  
 P 630.739.1124  
 Relay 800.526.0844  
*lilycachesra.org*

Lily Cache Special Recreation Association is a cooperative extension of the Bolingbrook Park District and Plainfield Park District that provides year-round recreation programs for individuals with disabilities.

### LCSRA STAFF

Jill Mukushina, Manager of Special Recreation  
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*gpetkus@lilycachesra.org* | 630.783.6581

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### LCSRA ADVISORY BOARD

Nick Baird, Director of Revenue Facilities  
 Bolingbrook Park District

Carlo Capalbo, Executive Director  
 Plainfield Park District

Cheryl Crisman, Director of Recreation  
 Plainfield Park District

Ron Oestreich, Executive Director  
 Bolingbrook Park District

Kim Smith, Director of Marketing and Customer Care  
 Bolingbrook Park District

Corinne Vargas, Senior Designer/Graphic Artist  
 Plainfield Park District



**REGISTRATION BEGINS**  
 LCSRA RESIDENT: MAY 11  
 NON-RESIDENT: MAY 25

### FACILITY DIRECTORY

Lily Cache Special Recreation Association (LCSRA)  
 201 Recreation Drive, Bolingbrook  
 P (630) 739-1124 | Relay (800) 526-0844

ACC: Annerino Community Center  
 201 Recreation Drive, Bolingbrook

BRAC: Bolingbrook Recreation & Aquatic Complex  
 200 S. Lindsey Lane, Bolingbrook

HPC: Heritage Professional Center  
 24023 West Lockport Street, Plainfield

OAKS: Hidden Oaks Nature Center  
 475 Trout Farm Road, Bolingbrook

PREC: Plainfield Recreation/Administration Center,  
 23729 W. Ottawa Street, Plainfield

TS: The Streams  
 24319 Cedar Creek Lane, Plainfield

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## MEET AMARA



Hi! I'm Amara Creighton and I've been working with LCSRA as a camp counselor since 2011 and as Teen Camp supervisor since 2015. I am currently a student pursuing a degree in nursing and I also work as a phlebotomist. I grew up in Bolingbrook and had a blast with the Bolingbrook Park District and Camp Alotta Fun over the years. I love the LCSRA program and all of the kids I get to meet and hang out with. I always refer to it as my "fun" job! When summer

camp is over, I still get to be involved with LCSRA. I have helped coach swimming, gymnastics, and have gone to many of the special events LCSRA offers. During my spare time I like to do DIY projects, go to concerts, and bike ride.

## WHO WE ARE

Lily Cache Special Recreation Association (LCSRA) represents the partnership between Bolingbrook and Plainfield Park Districts in their mission to serve the special needs population. Our goal is to provide recreational programs which build self-esteem and promote a lifetime of growth. LCSRA strives to go beyond the normal range of services and programs offered by schools or other agencies. Lily Cache Special Recreation Association fosters an environment which allows individuals to discover their own unique potential and abilities.

*LCSRA serves individuals with disabilities which can include but are not limited to physical disabilities, developmental disabilities, communication disorders, emotional/behavior disorders, and autism spectrum disorder.*

### **PARTICIPANTS AND PROGRAMS**

Our programs are as diverse and engaging as the participants they serve. From social events, seasonal camps and imaginative trips to competitive Special Olympic sports, LCSRA programs offer many benefits, including:

- Improved self-confidence and self-esteem
- Greater independence
- Social interaction and relationship-building
- Reinforce existing skills
- Opportunities to explore new skills/talents
- Build friendships and sense of community
- Memories for life



Like LCSRA on Facebook for more program information, great photos and to share feedback with us.

# BEHAVIOR/CODE OF CONDUCT & WELLNESS GUIDELINES

**TO ENSURE THAT ALL LCSRA PARTICIPANTS ENJOY PROGRAMS AND EVENTS TO THEIR FULLEST, AND IN THE INTEREST OF SAFETY, WE USE THE FOLLOWING GUIDELINES:**

## **BEHAVIOR/CODE OF CONDUCT**

LCSRA will attempt reasonable accommodations to enable participants to meet behavior expectations.

- Show respect to all participants, staff, and public.
- Listen to and comply with staff direction and program rules.
- Allow others in the program and others at public facilities to enjoy the activity without disruption (*within reason*).
- Refrain from using foul language, discussing inappropriate topics or other offensive behavior.
- Refrain from threatening or causing bodily harm or offensive physical contact to self, other participants, staff or public.
- Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff. If inappropriate behaviors occur, a prompt resolution will be sought specific to each individual. LCSRA reserves the right to dismiss participants whose behavior endangers the safety of themselves or others.

## **WELLNESS GUIDELINES**

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain for programs when any of the following conditions exist:

- Fever of 100° or higher
- Vomiting within the last 24 hours
- Persistent diarrhea in conjunction with other symptoms
- Contagious rash or a rash of unknown origin
- Persistent cough and/or cold symptoms
- Eye infections or discharge from the eye
- Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie's virus
- Runny nose with yellow or green discharge
- Lice or mites
- Fatigue due to illness that hinders participation in a program

Please notify LCSRA if the participant contracts any contagious illness that will affect their attendance at a program.

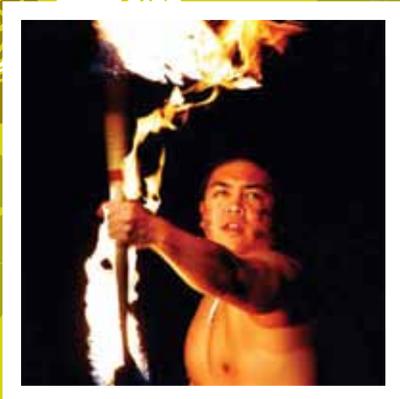
Participants should return to programs at the doctor's recommendation, or, if not under a doctor's care, when the symptoms have clearly passed.

*Save the date!*

# hawaiian LUAU & fundraiser

SATURDAY, JULY 9      NOON-6:00 PM

Proceeds benefit LCSRA scholarships



# CALENDAR AT A GLANCE

## JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Spring Golf Club	2	3	4 Cavalcade of Planes
5 Cavalcade of Planes	6 Cruisers 2	7 Softball Team Cruisers 1	8 Last Day of Spring Golf Club Cruisers 1 Cruisers 2	9 Soccer Cruisers 1	10 SO Summer Games Friday Friends Cruisers 2	11 SO Summer Games
12 SO Summer Games	13 LCSRA Day Camp Begins Cruisers 2 Swim Lessons	14 Cruisers 1 Softball Team Breakfast and Blockbusters Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons	15 Cruisers 1 Cruisers 2 Flag Football League Splishin' and Splashin'	16 Cruisers 1 Playground Games Little Leonardos Soccer	17 Cruisers 2 Beach Party Social	18 Dinner Movie – Youth Sensory Swim Lunch Bunch HangTime
19	20 Monday Matinee Cruisers 2 Summer Swim Team Jumpin' Fun	21 Cruisers 1 Parkies Pacers Softball Team Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons	22 Cruisers 1 Cruisers 2 Outdoor Fitness Flag Football League LCSRA Golf Club Splishin' and Splashin' Book Cooks	23 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games Little Leonardos Soccer	24 Cruisers 2 Taste of Joliet Friday Friends	25 Dinner and Movie - Adult Sensory Swim Lunch Bunch HangTime
26 Teen Book Club	27 Cruisers 2 Monday Matinee Swim Lessons Summer Swim Team	28 Cruisers 1 Parkies Pacers Softball Team Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons	29 Cruisers 1 Cruisers 2 Outdoor Fitness Flag Football League LCSRA Golf Club Splishin' and Splashin' Parent Corner Singing, Stretching and Studio	30 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games, Little Leonardos Soccer		

# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Cruisers 2	2
3	4 NO PROGRAMS	5 Parkies Pacers Softball Team Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons	6 Cruisers 1 Cruisers 2 Outdoor Fitness Flag Football League LCSRA Golf Club Splishin' and Splashin' Book Cooks	7 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games Little Leonardos Soccer	8 Cruisers 2 Friday Field Trips Hawaiian Luau Dance Friday Friends	9 Luau Fundraiser
10 ITRS Softball Tournament	11 Cruisers 2 Monday Matinee Swim Lessons Summer Swim Team SO Individual Skills and 3-Hole Golf Qualifier	12 Cruisers 1 Parkies Pacers Softball Team Breakfast and Blockbusters Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons	13 Cruisers 1 Cruisers 2 Outdoor Fitness SO 9-hole Golf Qualifier Flag Football League LCSRA Golf Club Splishin' and Splashin'	14 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games Little Leonardos Soccer	15 Cruisers 2 Friday Field Trip SRJC s Concert in the Park	16 Dinner and Movie - Youth Sensory Swim Lunch Bunch HangTime Berry Picking
17 Great America Trip	18 Cruisers 2 Monday Matinee Swim Lessons Summer Swim Team Jumpin' Fun	19 Cruisers 1 Parkies Pacers Softball Team Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons	20 Cruisers 1 Cruisers 2 Outdoor Fitness Flag Football League LCSRA Golf Club Splishin' and Splashin' Book Cooks	21 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games Little Leonardos Soccer	22 Cruisers 2 Friday Field Trip Friday Friends	23 Dinner and Movie - Adult Sensory Swim Lunch Bunch HangTime
24 Teen Book Club	25 Cruisers 2 Monday Matinee Swim Lessons Summer Swim Team	26 Cruisers 1 Parkies Pacers Softball Team Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons	27 Cruisers 1 Cruisers 2 Outdoor Fitness Flag Football League LCSRA Golf Club Splishin' and Splashin'	28 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games Little Leonardos	29 LCSRA Day Camp Ends Cruisers 2 Friday Field Trip Country Western Jamboree	30 Sensory Swim Lunch Bunch HangTime
31						

# AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Cruisers 2 Monday Matinee Swim Lessons Summer Swim Team Cinema Under The Stars Friendship Day	2 Cruisers 1 Parkies Pacers Volleyball Team Movin' to the Music Music Motor Madness Individual Ukulele Lessons Group Ukulele Lessons Softball Team	3 Cruisers 1 Cruisers 2 Outdoor Fitness Flag Football League Splishin' and Splashin' Book Cooks	4 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games Little Leonardos	5 Cruisers 2 Friday Field Trip Friday Friends	6 Sensory Swim Lunch Bunch HangTime
7 SO District Softball Tournament	8 Cruisers 2 Swim Lessons Summer Swim Team Lose The Training Wheels Bike Camp	9 Cruisers 1 Parkies Pacers Volleyball Team Breakfast and Blockbusters Lose The Training Wheels Bike Camp	10 Cruisers 1 Cruisers 2 Outdoor Fitness Flag Football League LCSRA Golf Club Lose The Training Wheels Bike Camp	11 Cruisers 1 Bowling League SO Bowling League Dance for Gymnasts Playground Games Lose The Training Wheels Bike Camp	12 Cruisers 2 Friday Field Trip Lose The Training Wheels Bike Camp	13 Dinner and Movie - Youth SO AREA Bowling Tournament Sensory Swim Lunch Bunch HangTime
14 Chicago Fire Game	15 Cruisers 2 Swim Lessons Summer Swim Team Jumpin' Fun	16 Cruisers 1 Parkies Pacers Volleyball Team	17 Cruisers 1 Cruisers 2 Flag Football League LCSRA Golf Club	18 Cruisers 1 Dance for Gymnasts	19 Cruisers 2 Camping Trip	20 Camping Trip Dinner and Movie - Adult
21 Chicago Air & Water Show	22 Cruisers 2 Swim Lessons Sports Conditioning Class	23 Cruisers 1 Parkies Pacers Volleyball Team	24 Cruisers 1 Cruisers 2 LCSRA Golf Club SO Floor Hockey	25 Cruisers 1 Dance for Gymnasts	26 Cruisers 2 Chicago White Sox Game	27 Parkies Pacers - 5K race
28 Teen Book Club	29 Cruisers 2 Sports Conditioning Class	30 Cruisers 1 Volleyball Team 2	31 Cruisers 1 Cruisers 2 LCSRA Golf Club SO Floor Hockey			

# PROGRAMS

## COMMUNITY CRUISERS

Community Cruisers is a recreation based program developed to meet the needs of young adults with disabilities that are no longer eligible for school services. The program provides opportunities for individuals to reach their full potential through recreational activities that promote positive peer interactions, community integration, and some basic life skills. All interested participants need to complete paperwork which includes an intake assessment to evaluate which of the programs is most appropriate for each individual. If you are interested in the program please contact Carrie Gascoigne at (630) 783-6585 or [cgascoigne@lilycachesra.org](mailto:cgascoigne@lilycachesra.org) for further information.

## WEEKLY PROGRAMS

### TEEN BOOK CLUB

Ages 14-21 years

Grab a book and get to know some friends over brunch. Participants will read the selected book or have the book read to them prior to the assigned meeting date. On the meeting date, friends will come together to discuss the book over a delicious meal. Please be prepared to answer questions and fully participate in the discussion. Please bring money for a light breakfast.

Ages (Years)	Code	LCSRA Res Fee/Non Res fee
14-17	35114A	\$54/\$68
18-21	35114B	\$54/\$68

**Day:** Sunday

**Dates:** June 26, July 24, August 28

**Time:** 11:00 am-12:30 pm

**Location:** Varies

**Transportation:** will be provided from ACC and PREC

**Deadline:** May 29

Key Contact: Gina Petkus

### MONDAY MATINEE

Ages 18 years & up

Monday is the perfect day to spend some time relaxing and enjoying a midmorning movie. LCSRA will cover the cost of the movie. Please bring money if you would like to purchase snacks at the theater. Transportation will be provided from Bolingbrook and Plainfield. Notification of movie and transportation times will be available at noon the Friday before the program.

**Day:** Mondays

**Dates:** June 20-August 1 35117A

**Time:** midmorning to early afternoon

**Location:** Seven Bridges Cinemark, Woodridge

**LCSRA Resident Fee:** \$83

**LCSRA Non-Resident Fee:** \$104

**Deadline:** June 8

**No Class:** July 4

**Key Contact:** Carrie Gascoigne

## SWIM LESSONS

Ages 3 years & up

Dive right into fun while learning swim skills, strengthening muscles and increasing coordinating. Lessons are taught in small groups or one on one ratio and are conducted at the Pelican Harbor Indoor Pool.

Dates	Time	Code	Deadline
June 13-July 18	5:00-5:30 pm	35400A	June 3
June 13-July18	5:30-6:00 pm	35400B	June 3
June 13-July 18	6:00-6:30 pm	35400C	June 3
June 13-July 18	6:30-7:00 pm	35400D	June 3
July 25-Aug 22	5:00-5:30 pm	35400E	July 15
July 25-Aug 22	5:30-6:00 pm	35400F	July 15
July 25-Aug 22	6:00-6:30 pm	35400G	July 15
July 25-Aug 22	6:30-7:00 pm	35400H	July 15

**Day:** Monday

**Location:** Bolingbrook Recreation & Aquatic Complex

**LCSRA Resident Fee:** \$72

**LCSRA Non-Resident Fee:** \$90

**No Class:** July 4

**Key Contact:** Carrie Gascoigne



## MOVIN' TO THE MUSIC

Ages 2-6 years with parent

Little children are filled with a ton of energy and meeting those high energy needs can be a challenge. In this class, we will learn a number of finger plays, nursery rhymes and songs. We will get our bodies active to a number of different musical selections. In addition, we will explore a number of different instruments. This class will be led by a music therapist.

**Day:** Tuesday

**Dates:** June 14-August 2

**Time:** 1:30-2:30 pm

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$55

35123A

**LCSRA Non-Resident Fee:** \$69

**Deadline:** May 31

**Key Contact:** Gina Petkus



## MUSIC MOTOR MADNESS

Ages 6-12 years

Stomp your feet, clap your hands, and jump through hoops while enjoying the delightful sounds of music. Gross motor and sensory activities will be facilitated through music and movement games, obstacle courses and sensorimotor activities. This class will be led by a music therapist.

**Day:** Tuesday

**Dates:** June 14-August 2

**Time:** 3:30-4:30 pm

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$55

35125A

**LCSRA Non-Resident Fee:** \$69

**Deadline:** May 31

**Key Contact:** Gina Petkus

## PARKIE'S PACERS

Lace up your running shoes, grab a water bottle and get ready to train with LCSRA for the Bolingbrook Park District Parkie 5K. Over the next 10 weeks, the group will gradually work on increasing distance and speed as we aim to complete the 3.2 mile race on August 27. The cost of the race is included in the fee of the program. Everyone will be required to fill out a waiver to participate in the race.

Ages	Code
Ages 13-17 years	35401B
18 years & up	35401C

**Day:** Tuesdays

**Date:** June 21-August 23, and Parkie's 5K on August 27

**Times:** 4:00-5:00 pm

**Location:** Bolingbrook Recreation & Aquatic Complex

**LCSRA Resident Fee:** \$72

**LCSRA Non Resident Fee:** \$90

**Key Contact:** Carrie Gascoigne



## INDIVIDUAL UKULELE LESSONS

Ages 6 years & up

The ukulele is a stringed instrument that originated in Hawaii as a version of the Portuguese machete. Later it spread throughout the United States. The ukulele is a great starter instrument for children because of its size and portability. Skills learned here can easily be transferred to other instruments as your child improves. Cost of the class will include instruction by a music therapist and a ukulele all of your own.

Age	Times	Code
6-17 years	2:45-3:15pm	35126A
18 years & up	5:15-5:45pm	35126B

**Day:** Tuesday

**Date:** June 14-August 2

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$240

**LCSRA Non-Resident Fee:** \$300

**Deadline:** May 31

**Key Contact:** Gina Petkus

## GROUP UKULELE LESSONS

Ages 6-21 years

The ukulele is a stringed instrument that originated in Hawaii as a version of the Portuguese machete. Later it spread throughout the United States. The ukulele is a great starter instrument for children because of its size and portability. Skills learned here can easily be transferred to other instruments as your child improves. Cost of the class will include instruction by a music therapist and a ukulele all of your own. Classes are held in small groups, no more than 3 participants per session.

Age	Code
6-17 years	35127A
18 years & up	35127B

**Day:** Tuesday

**Dates:** June 14-August 2

**Time:** 4:45-5:15 pm

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$110

**LCSRA Non-Resident Fee:** \$138

**Deadline:** May 31

**Key Contact:** Gina Petkus

## SPLISHIN' AND SPLASHIN'

Ages 3-17 years

Summer is a time for soakin' up the hot rays and coolin' off in the water. Join your friends for a dip in the pool. Please wear swim attire and bring a towel. If you have registered for LCSRA Day camp, counselors from LCSRA Day Camp will drop off your child to this program.

**Day:** Wednesday

**Dates:** June 15-August 3

**Time:** 2:30-6:00 pm

**Location:** Pelican Harbor

**LCSRA Resident Fee:** \$64

35129A

**LCSRA Non-Resident Fee:** \$80

**Deadline:** June 1

**Key Contact:** Gina Petkus



**OUTDOOR FITNESS**

Outdoor fitness has become a summer staple at LCSRA. The staff will instruct this class using some of the playground equipment and the outdoors to teach participants how accessible and fun fitness can be. The group will work on a variety of cardio and strength training exercises that will be done pretty much anywhere using minimal equipment. Each class come prepared with a water bottle and proper attire for being outside. If weather is inclement the group will have access to an indoor facility.

Ages	Code
13-17 years	35401A
18 years & up	35401D

**Day:** Wednesdays  
**Dates:** June 22-August 10  
**Time:** 6:00-6:45 pm  
**Location:** Annerino Community Center  
**LCSRA Resident Fee:** \$57  
**LCSRA Non-Resident Fee:** \$72  
**Deadline:** June 8  
**Key Contact:** Carrie Gascoigne

**BOOK COOKS**

Ages 8-16 years  
 Research shows that children who don't read over the summer will lose reading progress. This summer, let's make reading fun! In Book Cooks participants will read books with their friends and then enjoy interactive activities that correspond with the books. One of the main activities that occur during class is cooking a creation to share during snack time. We will also discuss the book and create other theme related activities as time permits.

**Day:** Wednesday  
**Dates:** June 22, July 6, July 20, August 3  
**Time:** 6:00-7:30 pm  
**Location:** HPC, Plainfield 35304A  
**LCSRA Resident Fee:** \$49  
**LCSRA Non-Resident Fee:** \$62  
**Deadline:** June 8  
**Key Contact:** Gina Petkus



**LITTLE LEONARDOS**

Ages 2-6 years with parent  
 Leonardo da Vinci was an artist, a scientist, an engineer and so much more. In Little Leonardos, your child will get to create and explore just like him. Every week your child will complete a science experiment, dabble in the arts and construct a unique creation all of their own.

**Day:** Thursday  
**Dates:** June 16-August 4  
**Time:** 1:30-2:30 pm  
**Location:** Bolingbrook Recreation & Aquatic Complex 35424A  
**LCSRA Resident Fee:** \$55  
**LCSRA Non-Resident Fee:** \$69  
**Deadline:** May 31  
**Key Contact:** Gina Petkus

**SOCCER**

Ages 6-12 years  
 Soccer is a fun-filled instructional program that introduces basic skills, rules and sportsmanship along with teaching necessary soccer fundamentals. This class is taught by an All Star Sports Instructor.  
**Day:** Thursday  
**Dates:** June 9-July 21  
**Time:** 3:00-4:00pm  
**Location:** Lily Cache Soccer Field 1, Bolingbrook 35128A  
**LCSRA Resident Fee:** \$69  
**LCSRA Non-Resident Fee:** \$87  
**Deadline:** May 26  
**Key Contact:** Gina Petkus





**PLAYGROUND GAMES**

Ages 3-12 years

Explore the natural terrain and reconnect with the outdoors at our local parks and playgrounds. Each week we'll visit a different park, play outdoor games and play on all of the playground equipment. A list of the parks will be provided a week prior to the program. Please wear gym shoes and athletic apparel. Don't forget your water bottle!

**Day:** Thursday

**Dates:** June 16-August 11

**Time:** 4:00-5:30pm

**Location:** various parks in the community

**No Class:** June 23

**LCSRA Resident Fee:** \$24 35122A

**LCSRA Non-Resident Fee:** \$30

**Deadline:** June 2

**Transportation**

**Lincoln Elementary School:** Drop off 3:00pm/Pick up 6:00pm

**ACC:** Drop off 3:30pm/ Pick up 6:30pm

**Key Contact:** Gina Petkus

**LCSRA LEISURE BOWLING LEAGUE**

LCSRA's leisure bowling league is designed for anyone looking to meet new friends and try their hand at a noncompetitive sport. Staff will provide basic instruction for beginner bowlers, while working with the return bowlers on different strategies to improve their game. Scores will be recorded each week. The cost includes use of the lanes, shoes, and two games of bowling.

Ages	Code
5-17 years	35410A
18 years & up	35410B

**Day:** Thursday

**Dates:** June 23-August 11

**Time:** 4:00-5:00 pm

**Location:** Brunswick Zone, Romeoville

**LCSRA Resident Fee:** \$114

**Non Resident Fee:** \$143

**Deadline:** June 9

**Key Contact:** Carrie Gascoigne

**FRIDAY FIELD TRIPS**

Ages 18 years & up

TGIF! What better way to spend a Friday then hanging out with friends and going on trips. We will visit various beaches, restaurants, amusement parks, & museums. A list of the trips will be sent out 2 weeks prior to the first trip.

**Day:** Friday

**Dates:** July 8-August 12

**Time:** 10:00 am-3:00 pm

**Location:** Varies

**LCSRA Resident Fee:** \$140 35118A

**LCSRA Non-Resident Fee:** \$175

**Deadline:** June 24

**Transportation**

**PREC:** Drop off 9:30 am /Pick up 3:30 pm

**ACC:** Drop off 10:00 am/Pick up 3:00pm

**Key Contact:** Carrie Gascoigne

**FRIDAY FRIENDS**

Ages 8-18 years

Does your child have trouble making and maintaining friends? Do they have a difficult time relating to their peers? Do they struggle with understanding the perceptions of others? Then this is a group for your child. The focus of this group will be how to develop social skills and then how to implement them in recreational activities. Participants must be able to role play scenarios, discuss feelings and use symbolic thinking. LCSRA reserves the right to determine if this program is appropriate for an individual.

Ages	Code
8-14years	35300A
15-18years	35300B

**Day:** Friday

**Dates:** June 10, June 24, July 8, July 22, August 5

**Time:** 6:00-8:30pm

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$84

**LCSRA Non-Resident Fee:** \$105

**Deadline:** May 27

**Transportation**

**PREC:** Drop Off 5:30pm/Pick up 9:00pm

**ACC:** Drop Off 6:00pm/Pick up 8:30pm

**Key Contact:** Gina Petkus

**DINNER AND MOVIE**

Come out and enjoy a meal and the new summer hit movies. The movie choice, restaurant, along with times for each program will be communicated to participants no later than 2:00 pm on the Friday prior to the program. Fee includes movie admission, staff supervision, and transportation. Participants are responsible for the cost of their dinner, including tip and any concession snacks at the theater.

Ages	Rating	Dates	Code
8-16 years	G or PG	June 18, July 16, Aug 13	35408A
17 years & up	PG or PG13	June 25, July 23, Aug 20	35408B

**Day:** Saturday

**Time:** Varies

**Location:** Various local restaurants and movie theaters

**LCSRA Resident Fee:** \$87

**LCSRA Non-Resident Fee:** \$109

**Deadline:** June 8

**Transportation:** will be provided from ACC and PREC

**Key Contact:** Carrie Gascoigne

## SPECIAL EVENTS

### CAVALCADE OF PLANES



Ages 8 and Up

There is so much fun to be had right here in Bolingbrook at the Cavalcade of Planes. From formation flying to helicopter demonstrations, there will be many types of aircrafts to be seen flying in the sky. Participants will also be able to touch and get into planes that are stationed on the ground. If you love aircrafts, this is the trip for you. Please bring money for concessions.

Age (Years)	Day	Date	Code	Deadline
8-17	Sat	June 4	35308A	May 26
18 & up	Sun	June 5	35308B	May 27

**Time:** 11:00 am-2:00 pm

**Location:** Clow Plow Airport, Bolingbrook

**Fee:** \$21

**Transportation**

**PREC:** Drop off 10:30am/Pick up 2:30 pm

**ACC:** Drop off 10:00 am / Pick up 3:00 pm

**Key Contact:** Gina Petkus

### BEACH PARTY SOCIAL

Ages 13 years & up

Grab your beach gear and head to Pelican Harbor for a night of fun! Join your friends from surrounding SRA's and enjoy all that Pelican Harbor Water Park has to offer. Refreshments provided.

**Day:** Friday

**Date:** June 17

**Time:** 6:00-8:00 pm

**Location:** Pelican Harbor Outdoor Aquatic Park

**Fee:** \$7 35802A

**Fee:** \$12

**Deadline:** June 10

**Key Contact:** Sherrie Izban

### TASTE OF JOLIET



Ages 16 years and older

Tonight we are off to The Taste of Joliet and we want YOU to be a part of the fun! With 25 food vendors, carnival, kids zone, and headline entertainment, the Taste of Joliet is the highlight of the summer. Program fee includes admission into the event. Please bring money for food, carnival rides and souvenirs.

**Day:** Friday

**Date:** June 24

**Time:** 5:30-8:30 pm

**Location:** Joliet

**Fee:** \$29 35408A

**Deadline:** June 10

**Transportation**

**PCC:** Drop off 4:30pm /Pick up 9:00 pm

**ACC:** Drop off 4:00 pm/Pick up 9:30 pm

**Key Contact:** Sherrie Izban

### PARENT CORNER

Parent's Resource Series

Ages 18 and up

Kate Ryan from "Someone Special Uniquely Personalized Books" will come to LCSRA to teach you how to create a personalized book for your child that describes his/her disability in a fun and easy to read format. This book will discuss how your child is similar to his/her peers and what differences they have as well.

This is a perfect book to read to the class so that your child's peers can get to know him/her. Each participant will receive a completed personalized picture book a few weeks after class mailed to his/her home. Please bring a laptop in order to participate. No child care will be provided, however this session runs at the same time as "Stretching, Singing and Studio".

**Day:** Wednesday

**Date:** June 29

**Time:** 7:15-8:45pm

**Location:** Annerino Community Center

**Fee:** \$39 35310A

**Deadline:** June 8

**Key Contact:** Gina Petkus

### STRETCHING, SINGING AND STUDIO

Ages 5-13years

Tonight's the night to get together with our friends and enjoy three great activities. First, we will be warming up our entire bodies with some stretching and cardio. Next, we will work out our singing voices for our karaoke and dance party. Finally, we will wind down with some arts and crafts. What a great way to spend a summer evening.

**Day:** Wednesday

**Date:** June 29

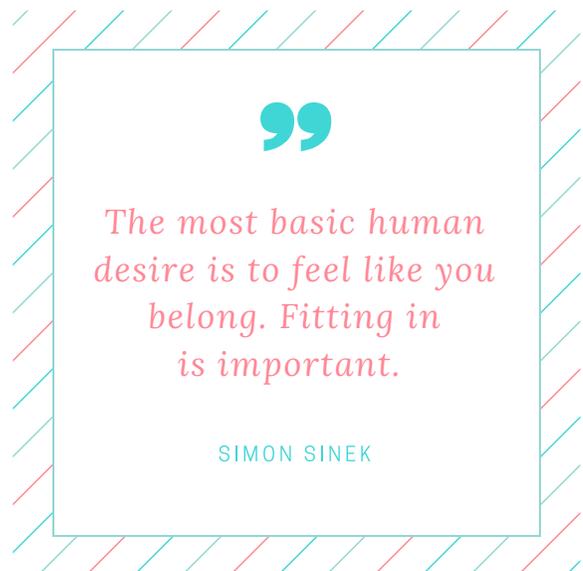
**Time:** 7:15-8:45pm

**Location:** Annerino Community Center

**Fee:** \$12 35312A

**Deadline:** June 15

**Key Contact:** Gina Petkus





### HAWAIIAN LUAU DANCE

Ages 13 years & up

Aloha! Enjoy an evening in tropical paradise with your friends while you enjoy a DJ and some fantastic food! Remember to wear your Hawaiian attire so you can hula in style. Fee includes admission, dinner, staff supervision and transportation.

Ages	Code
13-17 years	35423A
18 years & up	35423B

**Day:** Friday

**Date:** July 8

**Time:** 6:00-9:00 pm

**Location:** Romeoville Recreation Center, Romeoville

**Fee:** \$29

**Deadline:** June 17

#### Transportation

**PREC:** Drop off 5:30 pm/Pick up 9:30 pm

**ACC:** Drop off 5:00pm/Pick up 10:00 pm

**Key Contact:** Sherrie Izbán

### SRJC'S CONCERT IN THE PARK

Ages 13 years & up

Enjoy some delicious pizza and then relax to some marvelous music at an outdoor concert. Please bring a blanket or lawn chair. No additional money is needed. Includes dinner, transportation and staff supervision. Tonight - the group will go to Preservation Park in Joliet to listen to the Gina Glocksen Band (*Rock n' Roll Music*). Gina was on American Idol - Season 6.

Ages	Code
13-17 years	35109A
18 years & up	35109B

**Day:** Friday

**Date:** July 15

**Time:** 6:30-8:00 pm

**Location:** Preservation Park, Joliet

**Fee:** \$19

**Deadline:** June 17

#### Transportation

**PREC:** Drop off 5:45 pm/Pick up 8:30 pm

**ACC:** Drop off 5:15 pm/Pick up 9:00 pm

**Key Contact:** Sherrie Izbán

### BERRY PICKING

Ages 8-17 years

Come and pick fresh ripe blueberries straight off of the bush while enjoying the company of your friends. Blueberries are one of the top fruits that are filled with antioxidant activity. What a healthy way to spend the afternoon. Fee includes transportation, staff supervision, admission and 1 pound of blueberries. Due to the nature of the trails, this program is not wheelchair accessible. Please remember to wear sunscreen, bring a brown bag lunch and water bottle.

**Day:** Saturday

**Date:** July 16

**Time:** 10:00 am-12:30 pm

**Location:** Tammen Tree Farm, Wilmington

**Fee:** \$15 35115A

#### Transportation

**PREC:** Drop off: Drop off 9:00am/Pick up 1:30pm

**ACC:** Drop off: Drop off 8:30am / Pick up 2:00 pm

**Deadline:** July 2

**Key Contact:** Gina Petkus

### GREAT AMERICA TRIP

Ages 16 years & up

LCSRA will be loading up the bus and heading to Gurnee to spend the day at Great America. This will be a long day, so please make sure to wear tennis shoes and bring a backpack with an extra set of clothes (in case the weather cools down, or we get wet). We will have the opportunity to ride the coasters, visit the shops, and of course eat. No meals will be provided, so please either pack meals or bring money to purchase them. It is suggested to bring \$50 for food and souvenirs.

**Day:** Sunday

**Date:** July 17

**Time:** 10:30 am-8:30 pm

**Location:** Great America, Gurnee

**Fee:** \$99 35610A

**Deadline:** June 22

#### Transportation

**PREC:** Drop off 8:30 am/Pick up 10:30 pm

**ACC:** Drop off 9:00 am/Pick up 10:00 pm

**Key Contact:** Carrie Gascoigne

### COUNTRY WESTERN JAMBOREE

Ages 13 years & up

Grab your cowboy boots and hat! Join your friends for a night of live music by "Jonathan Devin & New Country," and outstanding food! The jamboree includes dinner, dancing and a memorable picture.

**Day:** Friday

**Date:** July 29

**Time:** 6:00-9:00 pm

**Location:** Bolingbrook Recreation & Aquatic Complex

**Fee:** \$21 35307A

**Deadline:** July 20

**Key Contact:** Sherrie Izbán

**FRIENDSHIP DAY**

Ages 18 months - 3 years with parent  
 Friends play critical roles in our daily life so today we will celebrate everything that friendship means. We will have a variety of thematic activities including songs, arts and crafts, stories and so much more. We will also learn about Winnie the Pooh who is the world's Ambassador of Friendship. Day. Bring your favorite teddy bear to share in this celebration!

**Day:** Monday  
**Date:** August 1  
**Time:** 9:00-11:00 am  
**Location:** HPC  
**Fee:** \$15 35314A  
**Deadline:** July 18  
**Key Contact:** Gina Petkus

**CINEMA UNDER THE STARS**

Ages 13 years & up  
 Tonight we will enjoy a movie under the stars compliments of the Bolingbrook Park District. This event will be held at Bull Dog Park in Bolingbrook. Prior to the movie we will enjoy an ice cream social sponsored by the Friends of the Fountaindale Library. Local food vendors will also be offering tasty samples from their menus while supplies last. We will be seated on the lawn, so grab your favorite blanket or lawn chair (*and bug spray*) and get ready to sit back and relax. Please bring your own snacks to enjoy during the movie unless you want to purchase something from the Brooks Café. More information, like what movie will be shown, will be announced closer to the date.

Ages	Code
13-17 years	35319A
18 years & up	35319B

**Day:** Monday  
**Date:** August 1  
**Time:** 8:15 pm/dusk  
**Location:** Fountaindale Library & Bull Dog Park, Bolingbrook  
**Fee:** \$17  
**Deadline:** July 18  
**Transportation**  
**PREC:** Drop off 4:15 pm/staff will call with pick up time  
**ACC:** Drop off 4:45 pm/staff will call with pick up time  
**Key Contact:** Sherrie Izban

**CHICAGO FIRE SRA DAY**

Ages 8 years & up (*for families, friends as well as participants*)  
 GOOOOAAAAL!!!!It's off to Toyota Park to cheer on the Chicago Fire as they take on the Orlando City Soccer Club. This game will be televised on ESPN! There will be an area sectioned off in the parking lot for tailgating before the game. Program fee includes the price of your admission ticket and transportation. Please bring money to purchase refreshments and souvenirs.

Ages	Code
13-17 years	35408H
18 years & up	35408J

**Day:** Sunday  
**Date:** August 14  
**Time:** 2:30 pm game  
**Location:** Toyota Park, Bridgeview  
**Fee:** \$41  
**Deadline:** July 22  
**Transportation**  
**PREC:** Drop off 12 noon/staff will call with pick-up time  
**ACC:** Drop off 12:30 pm /staff will call with pick-up time  
**Key Contact:** Sherrie Izban

**CAMPING OVERNIGHT**

Ages 18 years & up  
 Gather up all your camping equipment and let's head to Hidden Oaks Nature Center for an overnight trip. We will pitch tents to sleep in and cook our meals over an open fire. A packing list will be sent one week prior to those participants registered. There will be plenty of nature activities to keep everyone busy.  
**Day:** Friday-Saturday  
**Dates:** August 19-20  
**Times:** 4:00 pm - August 19 to 11:00 am - August 20  
**Location:** Hidden Oaks Nature Center  
**Fee:** \$59 35614C  
**Deadline:** August 3  
**Transportation**  
**PREC:** Drop off 3:30 pm on August 19/Pick up 11:30 am on August 20  
**Key Contact:** Carrie Gascoigne



**CHICAGO AIR & WATER SHOW**

Ages 13 years and older

The Chicago Air and Water Show presented by the City of Chicago and Shell Oil Products U.S is the largest FREE show of its kind in the United States. The show can be viewed along the lakefront from Fullerton to Oak Street, with North Avenue Beach as the focal point. Be sure to grab your sunscreen, sun glasses, bottled water, ear plugs and binoculars (*if you have them*).

Program fee includes staffing and transportation. Please bring money to purchase your lunch from vendors stationed along the lakefront. Food offerings include hot dogs, hamburgers, chips, nachos, ice cream, water and soft drinks.

Ages	Code
13-17 years	35614E
18 years & up	35614F

**Day:** Sunday

**Date:** August 21

**Time:** 10:00 am - 2:00 pm

**Location:** Lakefront /North Avenue Beach, Chicago

**Fee:** \$18

**Deadline:** August 5

**Transportation**

**PREC:** Drop off 8:00 am/Pick up 3:30 pm

**ACC:** Drop off 8:30 am/Pick up 4:00 pm

**Key Contact:** Sherrie Izban

**CHICAGO WHITE SOX GAME**

Families welcome

Batter Up.....Let's Play Ball!!!! Tonight LCSRA is heading to the South Side to enjoy an evening at US Cellular Field. Come cheer on your Chicago White Sox as they take on the Seattle Mariners during Elvis Night. Please bring money for any snacks or souvenirs you wish to purchase. Fee includes the price of your ticket, transportation and parking.

**Day:** Friday

**Date:** August 26

**Time:** 7:10 pm game

**Location:** US Cellular Field

**Fee:** \$49 35614B

**Deadline:** July 15 to secure our ticket order

**Transportation**

**ACC:** Drop off 5:30 pm /Staff will call with pick up time (staying for fireworks)

**Key Contact:** Sherrie Izban



**Laurie Berkner World Concert**

Ages 6-13 years

Let's head over to Ravina for an awesome family friendly concert. Laurie Berkner is a fun and energetic singer who has a modern twist on children's music. Kids love her and parents enjoy singing along to her catchy tunes.

**Day:** Saturday

**Date:** August 27

**Time:** 11:00 am-12:00 pm

**Location:** Ravina, Highland Park

**LCSRA Resident Fee:** \$29

35116A

**Deadline:** August 12

**Transportation**

**PREC:** Drop off 8:45 am/Pick up 2:00 pm

**ACC:** Drop off 9:15 am/Pick up 1:30 pm

**Key Contact:** Gina Petkus

**LOSE THE TRAINING WHEELS CAMP**

Ages 8 years and up

Fox Valley Special Recreation Association is partnering with iCan Shine to help participants learn to ride a standard two-wheel bike without training wheels or adaptive equipment. If you are interested in this program please contact Michelle Livingston at (630) 907-1114 or MichelleL@FVSRA.org for more information.

**Day:** Monday-Friday

**Date:** August 8-August 12

**Time:** Varies

**Location:** Vaughn Athletic Tennis CTR

**Fee:** \$250

**Key Contact:** Michelle Livingston



## COMPETITIVE SPORTS

### SUMMER SWIM TEAM

Ages 8 years & up

Dive into the deep blue with the LCSRA Swim Team. Swim team is designated for swimmers who want to compete. This summer practice program will focus on keeping up current swim endurance and stroke mechanics. While this program is recommended for current swim team members, new participants who love to swim are welcome.

**Day:** Monday

**Date:** June 20 - August 15

**Time:** 7:00-8:00 pm

**Location:** Bolingbrook Recreation & Aquatic Complex

**LCSRA Resident Fee:** \$60 35106A

**LCSRA Non-Resident Fee:** \$75

**Deadline:** June 6

**No Class:** July 4

**Key Contact:** Sherrie Izbán



### VOLLEYBALL TEAM

Ages 13 years & up

Spike an interest in volleyball by joining the LCSRA Lions Special Olympics Volleyball team. Develop your skills in volleyball while having fun playing other area teams. You will also compete in the Area tournament on September 17 and the ITRS tournament on October 2. Uniforms and schedules will be handed out the second week of practice. Transportation is provided to away games.

**Day:** Tuesday

**Date:** August 2 -October 4

**Time:** 6:30-8:00 pm

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$119 35428A

**LCSRA Non-Resident Fee:** \$149

**Deadline:** July 19

**Transportation**

**PREC:** Drop off 6:00 pm/Pick up 8:30 pm

**Key Contact:** Sherrie Izbán



### SPORTS CONDITIONING CLASS

Ages 8 years & up

The LCSRA basketball season is just around the corner... Are you ready? This strength conditioning program is recommended for all participants who currently have played as an LCSRA Lion or plan to register to be a member of one of our basketball teams this year. The purpose of this training program is to decrease the occurrence of injury while increasing overall performance. Our personal trainer, Gail Hickman, will help us to run faster, jump higher, and box out stronger! Therefore, being able to perform basketball skills at a higher level, with more efficiency, and perform them for longer (*without the onset of fatigue*). Bring a water bottle and wear gym shoes. Athletic apparel is required, NO jeans please.

**Day:** Monday

**Date:** August 22 - October 17

**Time:** 6:00 pm - 7:00 pm

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$31 35111A

**LCSRA Non-Resident Fee:** \$39

**Deadline:** August 8

**No Class:** September 5

**Key Contact:** Sherrie Izbán



### VOLLEYBALL TOURNAMENTS

SO Tournament on September 17

ITRS Volleyball Tournament on October 2

SO FALL GAMES on October 21- 23

### FLAG FOOTBALL LEAGUE

Ages 13 years & up

LCSRA is offering flag football to anyone who wants to be a grid iron great. The league will consist of skill building and scrimmage with/against other SRAs. Though not a sport sanctioned by Special Olympics Illinois, we will follow all Special Olympics Flag Football rules. Mandatory equipment that you must purchase is your own mouth guard. Fee includes a t-shirt. Information regarding transportation, practices, games and possible tournament will be sent at the start of the season.

**Day:** Wednesday

**Date:** June 15-August 17

**Time:** 6:00-7:30 pm

**Location:** Jefferson Junior High School, Woodridge

**LCSRA Resident Fee:** \$80 35107A

**LCSRA Non-Resident Fee:** \$100

**Deadline:** June 1

**Transportation**

**ACC:** Drop off 5:30 pm/Pick up 8:00 pm

**Key Contact:** Sherrie Izbán



### LCSRA GOLF CLUB

Grab your clubs and clean off your shoes! We are headed to the links again this year to learn the skill of golf and maybe even prepare for Special Olympics competition. Begin the season with practice at the driving range and then advance to course play. PLEASE NOTE: Golfers wishing to compete in Special Olympics Competition must have a valid medical application on file by June 12.

Dates	Time	Age	Code	Deadline
Jun 22-Jul 27	5:00-6:00 pm	8 -12 years	35412A	Jun 8
Jun 22-Jul 27	6:15-7:15 pm	13 years & up	35412B	Jun 8
Aug 10-Sep14	5:00-6:00 pm	8 -12 years	35412C	Jul 20
Aug 10-Sep14	6:15-7:15 pm	13 years & up	35412D	Jul 20

**Day:** Wednesday

**Location:** Mistwood Golf Club in Romeoville

**LCSRA Resident Fee:** \$34

**LCSRA Non-Resident Fee:** \$43

**Key Contact:** Sherrie Izban

### GOLF TOURNAMENTS

Individual Golf Skills on July 11

9 Hole AREA Qualifier on July 13

### SOFTBALL/ GOLF STATE TOURNAMENT

SO Outdoor Sports Festival on September 9 - 11

### SPECIAL OLYMPICS FLOOR HOCKEY

Ages 13 years & up

Join the newest competitive team sport for LCSRA. We will train for the Special Olympics Tournament in Chicago on November 12. Special Olympics floor hockey is different than traditional floor hockey. Each player wears protective equipment, uses a straight hockey stick and attempts to score a goal with a donut-shaped puck. A schedule of games will be available the first few weeks of practice. Transportation is provided to away games. Please wear gym shoes and athletic clothing.

**Day:** Wednesday

**Date:** August 24 -November 9

**Time:** 6:30-8:00 pm

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$118

35409A

**LCSRA Non-Resident Fee:** \$148

**Deadline:** August 10

**Transportation**

**PREC:** Drop off 6:00pm/Pick up 8:30 pm

**Key Contact:** Sherrie Izban

### FLOOR HOCKEY TOURNAMENT

SO Tournament on November 12

### SPECIAL OLYMPICS BOWLING LEAGUE

Ages 8 years & up

Calling all Special Olympic athletes! This is the opportunity for you to get involved in bowling on the competitive level. Coaches will give instruction on how to improve your game and prepare you for the upcoming competition. Bumpers will not be used for this program. The fee includes shoe rental, an hour on the lane, and the competition. The tournament will be held on Saturday August 13. Information will be sent out closer to the date.

**Day:** Thursday

**Date:** June 23-August 11

**Time:** 5:00-6:00 pm

**Location:** Brunswick Zone, Romeoville

**LCSRA Resident Fee:** \$124

35410C

**LCSRA Non-Resident Fee:** \$155

**Deadline:** June 9

**Key Contact:** Sherrie Izban

### BOWLING TOURNAMENTS

SO AREA Tournament on August 13

SO DISTRICT Tournament on October 16

SO STATE Tournament on December 3

### DANCE FOR LCSRA GYMNASTS

Ages 8 years & up

This class will focus on basic skills that are specially identified in both our LCSRA gymnastics programs (Rhythmic or Artistic). You will explore dance while gaining spatial awareness, coordination, rhythm and improved self-esteem - all while having fun. It is perfect for any of our LCSRA gymnasts who would like to improve their balance, grace and technique in the off season. While this program is recommended for current gymnasts, new participants who love to dance are welcome.

**Day:** Thursday

**Date:** June 23-August 25

**Time:** 6:00-7:00 pm

**Location:** LCSRA Community Room

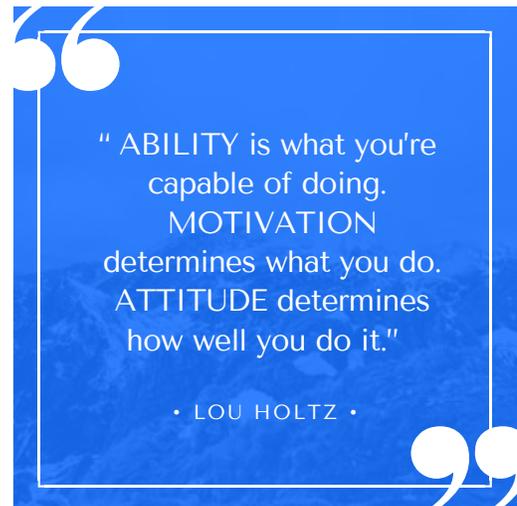
**LCSRA Resident Fee:** \$96

35110A

**LCSRA Non-Resident Fee:** \$120

**Deadline:** June 9

**Key Contact:** Sherrie Izban



## PROGRAMS FOR PARTICIPANTS WITH AUTISM

### JUMPIN' FUN

Ages 6-21 years

Music free Mondays at Airtastic is the place to be! Come and join your friends for an evening of jumping fun. Airtastic has two sides of play, one for the younger crew and one for the tweens and teens. Jump on in and join us.

Ages	Code
6-13 years	35121A
14-17 years	35121B
18-21 years	35121C

**Day:** Monday

**Date:** June 20, July 18, August 15

**Time:** 6:00-8:00 pm

**Location:** Airtastic, Aurora, IL

**LCSRA Resident Fee:** \$99

**LCSRA Non-Resident Fee:** \$124

#### Transportation

**ACC:** Drop off 5:00 pm/Pick up 9:00 pm

**PREC:** Drop off 5:30 pm/Pick up 8:30 pm

**Deadline:** June 6

**Key Contact:** Gina Petkus



### HANG TIME

Ages 6-21 years

This program is specifically designed as a social club for youth and teens that are on the autism spectrum. It is very important to enjoy a variety of recreational opportunities with our friends no matter what challenges we may have. This class is designed to teach the social skills that are needed for youth with autism to participate in social events. Each session will consist of in house skill building and one community outing that is specifically designed for youth/teens on the spectrum. Field trip times will vary depending on availability. You will receive a schedule on the first day of the session.

Ages	Code
6-13 years	35113A
14-17 years	35113B
18-21 years	35113C

**Day:** Saturday

**Date:** June 18-August 13

**Time:** 10:00-11:00 am

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$79

**LCSRA Non-Resident Fee:** \$99

**No Class:** July 2 & July 9

**Deadline:** June 4

**Key Contact:** Gina Petkus



### BREAKFAST AND BLOCKBUSTERS

Ages 6-21 years

“Get up and walk, dance, sing and shout!” This program is specifically designed for youth and teens on the autism spectrum. AMC Showplace in Naperville will have their lights up, the sound turned down and encourage any forms of self-expression by the participants. Prior to seeing our sensory friendly show, we will get a yummy breakfast from a local restaurant. Fee includes movie admission, staff supervision, and transportation. Participants are responsible for the cost of their breakfast, including tip and any concession snacks at the theater.

Ages	Code
6-13 years	35120A
14-17 years	35120B
18-21 years	35120C

**Day:** Tuesday

**Date:** June 14, July 12, August 9

**Time:** 10:00 am show time

**Location:** AMC Showplace, Naperville and various restaurants in the community

**LCSRA Resident Fee:** \$126

**LCSRA Non-Resident Fee:** \$158

#### Transportation

**ACC:** Drop off 7:00 am/Pick up 1:30 pm

**PREC:** Drop off 7:30 am/Pick up 1:00 pm

**Deadline:** May 31

**Key Contact:** Gina Petkus



### Top 10 Benefits of Organized Recreation Programs for Children with Autism

1. Social Interaction
2. Behavior Management
3. Communication
4. Motor Skills
5. Structured Play
6. Opportunities
7. Area of Interest
8. Acquired Skills
9. Self-Esteem
10. Respite Care

*From Autism Parenting Magazine*

### LUNCH BUNCH

Ages 6-21 years

This program is specifically designed for youth on the autism spectrum. Come and bring your lunch, eat with friends and enjoy an afternoon of conversation. The focus of this group will be conversational skills, eye contact and various social skills. Please bring a sack lunch each class. If your child is participating in Sensory Swim, transportation will be provided to the BRAC from Lunch Bunch.

Ages	Code
6-13 years	35117A
14-17 years	35117B
18-21 years	35117C

**Day:** Saturday

**Date:** June 18-August 13

**Time:** 11:00-11:45 am

**Location:** Annerino Community Center

**LCSRA Resident Fee:** \$12

**LCSRA Non-Resident Fee:** \$15

**No Class:** July 2 & 9

**Deadline:** June 4

**Key Contact:** Gina Petkus

### SENSORY SWIM

Ages 6-21 years

This program is specifically designed for youth on the autism spectrum. Each week, participants will participate in sensory based activities, and then swim at Pelican Harbor. Some of the projects will use food to encourage participants to incorporate their sense of taste. Visual schedules will be provided if needed. Please bring all swimming apparel. If your child is participating in Lunch Bunch, transportation will be provided to the BRAC for this class. Pick up will be at the BRAC.

Ages	Code
6-13 years	35112A
14-17 years	35112B
18-21 years	35112C

**Day:** Saturday

**Date:** June 18-August 13

**Time:** Noon-2:00 pm

**Location:** Bolingbrook Recreation & Aquatic Complex

**LCSRA Resident Fee:** \$64

**LCSRA Non-Resident Fee:** \$80

**No Class:** July 2 & 9

**Deadline:** June 4

**Key Contact:** Gina Petkus





# LCSRA CODE OF CONDUCT FORM

To ensure that all LCSRA participants enjoy programs and events to their fullest, and in the interest of safety, we use the following guidelines:

## **BEHAVIOR**

LCSRA will attempt reasonable accommodations to enable participants to meet behavior expectations.

Show respect to all participants, staff, and public.

Listen to and comply with staff direction and program rules.

Allow others in the program and others at public facilities to enjoy an activity without disruption (within reason).

Refrain from using foul language, discussing inappropriate topics or other offensive behavior.

Refrain from threatening or causing bodily harm or offensive physical contact to self, other participants, staff or public.

Show respect to equipment, supplies, and facilities.

Remain with the group at program.

Additional rules are developed for specific programs as deemed necessary by the staff. If inappropriate behaviors occur, a prompt resolution will be sought specific to each individual. LCSRA reserves the right to dismiss participants whose behavior endangers the safety of themselves or others.

## **DISCIPLINE PROCEDURE**

Under ordinary and usual circumstances, if a participant exhibits inappropriate actions, the following general guidelines will be followed:

1. Warning
2. Time out or removal from the situation
3. Report to supervisor
4. Discussion with parent and implementation of a behavior plan

Ordinarily, if a participant's behavior does not improve depending on the severity of the act, the participant will be dismissed from the program. However, LCSRA reserves the right to dismiss a participant whose behavior endangers the safety of him/her self, others, or property, at any time. The Therapeutic Recreation Supervisor or Manager of Special Recreation will make final determination on dismissals. If a dismissal is made, refunds for unused sessions will be determined on an individual basis.

I have read and agree to abide by this code of conduct.

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Signature of Participant

Date

---

Signature of Parent/ Guardian

Date

# MEDICATION DISPENSING PROCEDURES

## PARENTAL PROCEDURES AND RESPONSIBILITIES

The parent / guardian must:

1. Complete the Permission to Dispense Medication/Waiver and Release of All Claims form (below).
2. Complete and sign the Medication Dispensing Information form.
3. Deliver all medications to the program supervisor in the original prescription bottle (you can request an extra bottle from your pharmacy).  
The bottle must contain the participants name, medication, dosage, and time of day medication is to be given.
4. Verbally communicate with program supervisor any specific instructions regarding the medication.
5. Medication will not be administered if the above procedures are not completed.

## STAFF PROCEDURES AND RESPONSIBILITIES FOR DISPENSING MEDICATIONS

Program supervisor / staff must:

1. Ensure that the Permission and Waiver to Dispense Medication Form and the Medication and Dispensing Information Form are fully completed and signed by the parent/guardian prior to the dispensing of any medication; all forms will be included in the program information given to staff.
2. Ensure that only authorized staff accept medication which may include: program manager or supervisor or program lead staff.
3. Verbally communicate with the parent/guardian regarding any specific instructions regarding the dispensing or storage of the medication. It is also the responsibility of the authorized staff who receive medication to properly store it in a locked cabinet or refrigerator as needed. It is extremely important that stored medication is out of reach of other patrons and participants in the program.
4. Obtain copies of all waivers, internal procedures, medication information forms, and medication logs when obtaining the prescription medication to be transported to the program site. All medication stored at a program site must be secured and only available to authorized staff.
5. Program coordinators / leaders responsible for dispensing medication must strictly follow all written instructions on the medical information form and information on the original prescription container. In the event that conflicting dispensing information exists, medication cannot be administered until the parent/guardian is reached in order to obtain specific instructions.
6. Unless otherwise arranged, only paid and trained park district staff will be allowed to dispense medication.
7. Staff responsible for dispensing medication will fully complete the medication log sheet. These logs will be turned into the program supervisor and will be kept and stored for at least three years upon the conclusion of the program.

# PERMISSION TO DISPENSE MEDICATIONS

## WAIVER AND RELEASE OF ALL CLAIMS

The Bolingbrook Park District and LCSRA will not dispense medication to a minor child or other participant until the Permission and Waiver to Dispense Medication and Medication Information Forms have been fully completed by a parent/guardian. Please review the Park Districts and LCSRA's internal procedures on dispensing medication.

I \_\_\_\_\_ the parent /guardian of \_\_\_\_\_  
give permission to the staff of Bolingbrook Park District /LCSRA to administer the medications listed below to my child.  
I understand it is my responsibility to give the medication directly to the program staff in the original prescription containers.

PARTICIPANTS NAME \_\_\_\_\_

NAME OF MEDICINE AND COMPLETE DOSAGE INSTRUCTIONS:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

In all cases the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give permission to the Bolingbrook Park District /LCSRA staff to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment for any and all medical services rendered.

## WAIVER AND RELEASE OF ALL CLAIMS

I recognize and acknowledge that there are certain risks of physical injury in connection with the administering of medication to my minor child. Such risks include , but are not limited to , failing to properly administer the medication, failing to observe side effects, failing to assess and / or recognize an adverse reaction, failing to assess and/or recognize a medical emergency, and failing to recognize the need to summon emergency medical services.

In consideration of the Bolingbrook Park District /LCSRA administering medication to my minor child , I do hereby fully release or discharge Bolingbrook Park District/LCSRA, and its officer, agents, volunteers and employees from any and all claims from injuries, damages, and losses I or my minor child may have (or accrue to me or my minor child), and arising out of, connected with, incidental to, or in any way associated with the administering of medication.

Signature of Parent/ Guardian

Date

# MEDICATION DISPENSING INFORMATION

**THIS FORM MUST BE COMPLETED ANNUALLY OR IF THERE ARE CHANGES IN MEDICATIONS**

DATE COMPLETED: \_\_\_\_\_

## BACKGROUND INFORMATION

Participant's Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

Doctor's Name \_\_\_\_\_ Phone \_\_\_\_\_

## MEDICATION INFORMATION

Name \_\_\_\_\_ Dose \_\_\_\_\_ Time \_\_\_\_\_

Dispensing & Storage Instructions \_\_\_\_\_

Possible Side Effects \_\_\_\_\_

Name \_\_\_\_\_ Dose \_\_\_\_\_ Time \_\_\_\_\_

Dispensing & Storage Instructions \_\_\_\_\_

Possible Side Effects \_\_\_\_\_

Name \_\_\_\_\_ Dose \_\_\_\_\_ Time \_\_\_\_\_

Dispensing & Storage Instructions \_\_\_\_\_

Possible Side Effects \_\_\_\_\_

OTHER INFORMATION \_\_\_\_\_

I understand that it is my responsibility to give the medication directly to program staff with full instructions and in original prescription bottles. In all cases, medication dispensing can only be changed or modified by completing another Permission and Waiver to Dispense Medication Form and Medication Information Form. I hereby acknowledge that the above information provided for the dispensing of medication for my minor child is accurate. I also understand that it is my responsibility to inform the Park District if there are any changes in the dispensing of medication.

Signature of Parent or Guardian \_\_\_\_\_ Date: \_\_\_\_\_

# ANNUAL INFORMATION FORM

Please complete both sides of this form and return to LCSRA. This form must be completed on a yearly basis in order to continue participation in LCSRA programs and events. Please provide thorough answers. The information gathered from this form helps LCSRA to plan events and establish goals for programs. Please notify LCSRA of any changes to this form as the need arises.

Participant Name \_\_\_\_\_ Age \_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_  
Parent/Guardian Name(s) \_\_\_\_\_  
Park District \_\_\_\_\_  
Emergency Contact Name \_\_\_\_\_ Emergency Contact Number (\_\_\_\_) \_\_\_\_\_  
Email \_\_\_\_\_  
Emergency Contact Address \_\_\_\_\_ Relationship \_\_\_\_\_  
Participants School/Work \_\_\_\_\_ School/Work Phone (\_\_\_\_) \_\_\_\_\_  
Disability/Diagnosis \_\_\_\_\_ Description of Diagnosis \_\_\_\_\_  
Teacher or Case Manager \_\_\_\_\_ Are you a new participant? \_\_\_\_\_  
Doctor's Name \_\_\_\_\_ Address \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
Will participant be responsible for self-medication during any programs?  YES  NO  
Will staff need to administer medication during any programs?  YES  NO

## MEDICAL INFORMATION PLEASE CHECK THE APPROPRIATE BOX. IF "YES," PLEASE PROVIDE ADDITIONAL INFORMATION.

Has participant had any injuries or surgeries in the past year that might affect participation?  YES  NO  
\_\_\_\_\_  
If participant has Down Syndrome, have x-rays of the C-1 and C-2 vertebrae been taken and examined?  YES  NO  
Is participant clear of Atlanto Axial Subluxation?  YES  NO  
Is participant subject to seizures?  YES  NO If yes, please note date of last seizure, type and frequency \_\_\_\_\_  
Does participant have allergies?  YES  NO If yes, please list \_\_\_\_\_  
Does participant use any of the following: (Answer each item and provide additional comments in the space provided)  
Hearing Aid(s)  YES  NO \_\_\_\_\_  
Corrective Eyewear  YES  NO \_\_\_\_\_  
Orthopedic or Prosthetic Devices  YES  NO \_\_\_\_\_  
Manual Wheelchair  YES  NO \_\_\_\_\_  
Electric Wheelchair  YES  NO \_\_\_\_\_  
Stroller  YES  NO \_\_\_\_\_  
Walker  YES  NO \_\_\_\_\_  
Cane  YES  NO \_\_\_\_\_

## CONSENT INFORMATION

Transportation Permission  YES  NO Permission to Consult With Teacher  YES  NO  
Publicity Photo Permission  YES  NO Permission to Consult With Caseworker  YES  NO  
Transport in Wheelchair  YES  NO

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant's Signature (over 21) \_\_\_\_\_ Date \_\_\_\_\_

**DAILY LIVING SKILLS/COMMUNICATION AND BEHAVIOR** PLEASE CHECK THE APPROPRIATE BOX. IF YES, PLEASE PROVIDE ADDITIONAL INFORMATION.

Does participant require assistance with any of the following?

- Eating/drinking  YES  NO \_\_\_\_\_
- Toileting  YES  NO \_\_\_\_\_
- Dressing/undressing  YES  NO \_\_\_\_\_
- Money Handling  YES  NO \_\_\_\_\_
- Following Directions  YES  NO \_\_\_\_\_
- Orientation to People, Place, Time  YES  NO \_\_\_\_\_
- Anticipation of Safety Needs  YES  NO \_\_\_\_\_
- Reading  YES  NO \_\_\_\_\_
- Writing  YES  NO \_\_\_\_\_
- Communication  YES  NO \_\_\_\_\_

Check any special toileting supplies that the participant uses:

- Diaper Leg bag Catheter Other (please list) \_\_\_\_\_

Check any communication tools that the participant uses: American Sign Language Communication Board/Book

Personal Signs/Gestures

Explain use: \_\_\_\_\_

Does the participant respond to specific behavioral techniques?  YES  NO \_\_\_\_\_

Does the participant respond to specific reinforcement devices? (i.e. food, toys, privileges)  YES  NO \_\_\_\_\_

Does the participant display unusual fears or concerns?  YES  NO \_\_\_\_\_

Please indicate below any other information in regard to daily living skills, communication and behavior that might assist LCSRA staff:

\_\_\_\_\_  
 \_\_\_\_\_

**RECREATION** PLEASE CHECK THE APPROPRIATE BOX. IF YES, PLEASE PROVIDE ADDITIONAL INFORMATION.

**SWIMMING**

Does participant require assistance with any of the following?

- Pool Entry  YES  NO \_\_\_\_\_
- Submerging Body Parts  YES  NO \_\_\_\_\_
- Strokes  YES  NO \_\_\_\_\_
- Water Safety Awareness  YES  NO \_\_\_\_\_
- Floating  YES  NO \_\_\_\_\_

Indicate what type, if any, of floatation device participant owns or will use: \_\_\_\_\_

Does participant require any of the following swim equipment?

- Ear Plugs  YES  NO \_\_\_\_\_
- Nose Plugs  YES  NO \_\_\_\_\_
- Other adapted swim equipment  YES  NO \_\_\_\_\_

Does participant require any adapted recreation equipment (i.e. bowling ramp)?

YES  NO If Yes, please describe \_\_\_\_\_

Please note in the space below if participant requires a close staff ratio and why: \_\_\_\_\_

**MEDICATION** LIST ALL MEDICATIONS TAKEN-EVEN IF NOT TAKEN AT PROGRAM

Drug Name	Dose	Time	Reason	Side Effects

I understand that it is my responsibility to give the medication directly to the LCSRA staff with full instructions in individual dosage containers, clearly labeled envelopes or in original prescription bottles. In all cases, medication dispensing can only be changed or modified by amending this form. I hereby acknowledge that the above information regarding medication dispensing is accurate. I also understand that it is my responsibility to inform LCSRA if any changes in the dispensing of medication occurs. In all cases, the recommended dosage of any medication will not be exceeded. If after administering medication there is an adverse reaction, I give my permission to LCSRA to secure from any licensed hospital physician and/or medical personnel any treatment deemed necessary for immediate care. I agree to be responsible for payment of any and all medical services rendered. I recognize and acknowledge that there are certain risks of physical injury in connection with the administering of medication to any participant. In consideration of LCSRA administering medication, I hereby fully release or discharge LCSRA and its officers, agents, employees and volunteers from any and all claims of injury, damages and losses that the participant may have, arising out of, connected with, incidental to, or in any way associated with the administering of medication. I further agree to indemnify, hold harmless and defend LCSRA, its officers, agents, employees and volunteers from any and all claims resulting from injuries, damages and losses sustained by the participant and arising out of, connected with, incidental to or in any way associated with the administering of medication.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Participant's Signature (over 21) \_\_\_\_\_ Date \_\_\_\_\_

# SPECIAL OLYMPICS APPLICATION

## Instructions for Completing the Application for Participation

The Application for Participation (App) must be filled in completely. Apps with blank sections or attachments (exception: letter from State Office of Guardianship, 2a below) will not be accepted.

This App is valid for 2 years from the date of the examination date, regardless of the parent/guardian/Entrant signature date.

Parent/guardian and doctor signatures must be original and both original signatures must be on the same App form. Faxed signatures, phone consents or verbal consents will not be accepted.

If Entrant was listed on the Sex Offender Public Registry or the Child Murder and Violent Offender Against Youth Registry but has since been removed, contact the Special Olympics Illinois office for instructions before submitting this application.

### ATHLETE INFORMATION AND HEALTH INSURANCE & EMERGENCY INFORMATION

1. The first two sections must be filled in completely. The ethnicity information is requested to assist in the organizational outreach efforts.

### PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

2. The Parent or Legal Guardian must read, sign and date the Parent/Guardian Authorization and Media Release.

a. The section must be signed and dated as printed. Deletions or alterations to the section will result in an invalid App. (Exception: Deletion of the last paragraph regarding medical treatment and attachment of a letter of explanation and 24-hour emergency telephone numbers from the State Office of Guardianship. **As of January 1, 1987, the letter of explanation must be attached.**)

b. Only one of the two signature blocks must be completed. Special Olympics Illinois works under the understanding that this section may be signed by either:

♦The (biological or adoptive) parent unless the athlete has been designated a ward of the state;

OR

♦The legal guardian; this person must be legally assigned for the individual;

OR

♦The athlete if he/she is over the age of 18 and has not been designated as needing and having been assigned a legal guardian.

A witness signature is necessary if the athlete's signature is unrecognizable (for example, if the athlete's signature is an "X.")

### MEDICAL CLEARANCE

3. The Medical Clearance section must be completed, signed and dated by a medical practitioner licensed to administer physical examinations by the state in which he/she practices. **As of September 1, 1990, the Special Olympics Illinois Application for Participation is the only Medical Clearance form which will be accepted as valid by Special Olympics Illinois.**

This person, by signing the Medical Clearance, is stating that the athlete is in good health and can safely participate in Special Olympics sports training and competition. It is strongly suggested that the person administering the physical examination possess the following:

♦Background and preparation in giving sports physical examinations.

♦Qualifications to administer examinations that would not compromise his/her area of specialty.

### AFTER COMPLETING THE APPLICATION ...

4. Send the original copy of the Application for Participation to the Area Director who will send the App to the Special Olympics Illinois Chapter office. The Chapter office will validate the Application for Participation and send a copy of the App with an approved stamp back to the SOAD (Special Olympics Athletic Director). An Application for Participation will not be validated until all information is correct and completed on the approved form.

5. Special Olympics Illinois requires that all Applications for Participation be presented prior to and no later than the established Medical App deadline of a Chapter championship level event (Winter Games, State Basketball Tournament, Summer Games, Outdoor Sports Festival, Fall Games, Floor Hockey or State Bowling Tournament). All Apps for the event in question must be valid throughout the completion of that Chapter competition.

Applications for Participation for athletes participating in District Tournaments and Sectional Tournaments must be received before the entry deadline or with registration materials.

Applications not on file or in receipt by the specified deadline will not be accepted.





# APPLICATION FOR PARTICIPATION IN SPECIAL OLYMPICS ILLINOIS

Valid Application for Participation is mandatory for all competitors  
605 E. Willow St. • Normal, IL 61761-2682 • 309-888-2551

SO ILL Rev. 8-1-10

## ATHLETE INFORMATION

Athlete Name (last name, space, first name)

Grid for Athlete Name

Agency Name

Grid for Agency Name

Athlete's Mailing Address

Grid for Athlete's Mailing Address

Athlete's City

Grid for Athlete's City

State

Zip Code

Grid for State and Zip Code

Ethnicity  White  Black/African American  Asian  
 Hispanic/Latino  Other

Birthdate

Grid for Birthdate (M, M, D, D, Y, Y)

Sex (M or F)

Grid for Sex

Parent's/Guardian's (Please Circle One) Home Address

Grid for Parent's/Guardian's Home Address

Parent's/Guardian's City

Grid for Parent's/Guardian's City

State

Zip Code

Grid for State and Zip Code

Parent's/Guardian's Home telephone

Area Code

Number

Extension

Grid for Parent's/Guardian's Home telephone

## HEALTH INSURANCE & EMERGENCY INFORMATION (Required for Processing)

Person to be contacted in case of emergency

Emergency Contact Phone

Grid for Emergency Contact Phone

Medical Insurance Company

Policy Number

Grid for Policy Number

## MEDICAL CLEARANCE

### PLEASE CHECK MEDICAL INFORMATION

Does athlete have Down Syndrome? Yes  No   
If yes, have x-rays of the C1-C2 vertebrae been taken and examined? Yes  No

Date of x-ray \_\_\_\_\_  
Is the athlete clear of Atlantoaxial Instability? Yes  No

Does the athlete have or is the athlete:  
Heart Problems Yes  No   
Diabetic Yes  No   
Epileptic/Seizures Yes  No   
Blind Yes  No   
Deaf Yes  No   
Hepatitis Yes  No   
Other Yes  No

Current Medication \_\_\_\_\_ Dosage \_\_\_\_\_

## PARENT AND/OR GUARDIAN AUTHORIZATION AND MEDIA RELEASE

I, on my own behalf or as the undersigned parent and/or legal guardian of the above named applicant (hereafter referred to as the "Entrant"), hereby request permission for the Entrant to participate in Special Olympics programs. I acknowledge that Special Olympics will screen all entrants using the Sex Offender Public Registry and the Child Murder and Violent Offender Against Youth Registry and understand that entrants listed on either Registry will be denied participation. I affirm that this Entrant has never been on said Registries or, if Entrant was listed on either Registry but has since been removed, I will contact Special Olympics Illinois for instructions before submitting this application.

I represent and warrant to you that the Entrant is physically and mentally able to participate in Special Olympics, and I submit herewith a subscribed medical certificate. I understand that if the athlete has Down Syndrome, he/she cannot participate in sports or events which, by their nature result in hyper-extension, radical flexion or direct pressure on the neck or upper spine unless a full radiological examination establishes the absence of Atlantoaxial Instability. I am aware that the sports and events for which this radiological examination is required are equestrian sports, artistic gymnastics, diving, pentathlon, high jump, alpine skiing, soccer, soccer skills, powerlifting, squat and butterfly stroke and diving starts in swimming.

On behalf of the Entrant and myself, I acknowledge that the Entrant will be using facilities at his/her own risk and I, on my own behalf, hereby release, discharge and indemnify Special Olympics from all liability for injury to person or damage to property of myself and Entrant.

In permitting the Entrant to participate, I am specifically granting permission to Special Olympics Illinois to use the likeness, voice and words of the Entrant in television, radio, films, newspapers, magazines and other media, and in any form not heretofore described, for the purpose of advertising or communicating the purposes and activities of Special Olympics and in appealing for funds to support such activities. I understand that by signing below I consent for the Entrant to participate in the Special Olympics Healthy Athletes Program that provides individual screening assessments of health status and health care needs. The Entrant has no obligation to participate and I understand the Entrant should seek his/her own medical advice and assistance and Special Olympics is not responsible for the Entrant's health.

If I am not personally present at Special Olympics activities in which the Entrant is to compete, so as to be consulted in case of necessity, you are authorized on my behalf and at my account to take such measures and arrange for such medical and hospital treatment as you may deem advisable for the health and well-being of the Entrant.

I, **THE UNDERSIGNED ADULT ENTRANT**, have read and fully understand the provisions of the above release and/or have had them explained. I hereby agree that I will be bound thereby, and I shall defend Special Olympics Illinois and hold it harmless from disaffirmation thereof.

Entrant

Witness

Date

Signature of Parent and/or Legal Guardian

(Check appropriate box)

Print Name

Date

Athlete's Email Address

Parent's Email Address

Grid for SO ILL OFFICE ONLY

SO ILL OFFICE ONLY

Allergies to medication, if any: \_\_\_\_\_

Date of last Tetanus shot: \_\_\_\_\_

I have examined the above-named Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in the Special Olympics sports training and competition program. Further information will be forwarded if required. Current medication, if any, is specified with dosage on this application.

Examination Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_

Print Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Original parent/guardian and doctor signatures are required by the office of Special Olympics Illinois. Faxed signatures will not be accepted.

# PROGRAM REGISTRATION FORM

**! AN UPDATED ANNUAL INFORMATION FORM (AIF) IS DUE AT THE BEGINNING OF EACH YEAR.**

Adult/Guardian \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
 (Please Print) First Last

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone PRIMARY: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ SECONDARY: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email Address \_\_\_\_\_

Mail or bring to: Annerino Community Center. 201 Recreation Drive, Bolingbrook, IL 60440 or  
 Bolingbrook Recreation & Aquatic Complex. 200 S. Lindsey Lane, Bolingbrook, IL 60440

We invite registrations by people with disabilities. If you need assistance to participate, please mark an "x" in YES box.  YES  NO

CODE	PARTICIPANT'S/ PASS HOLDERS NAME	BIRTHDATE	GENDER	FEE	PROGRAM NAME	DAY	TIME

**Would you like to make a donation to LCSRA's Scholarship Fund?**  
 NO  YES please select which amount: \_\_\_\_ \$1 \_\_\_\_ \$5 \_\_\_\_ \$10 \_\_\_\_ Other (\$ \_\_\_\_\_ )

**TOTAL**  
 \$

 *PHOTO: I understand that my child/ward or I may be photographed or videotaped while participating in an LCSRA program or facility. I give permission for photos and videotapes of my child/ward or me to be used to promote LCSRA. Such photos and videotape will remain the property of the LCSRA.*

**WAIVER AND RELEASE FOR PARTICIPANTS OR/BY PARENT**

**Must be signed by parent if under 18.**

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Lily Cache Special Recreation Association (LCSRA), including its officials, agents, volunteers and employees (hereinafter collectively referred as "LCSRA").

I do hereby fully release and forever discharge the LCSRA from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering online, your online signature shall substitute for and have the same legal effect as an original form signature.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 (18 years or older or Parent/Guardian)

Note: LCSRA does not carry medical or accident insurance for its participants. The cost of such insurance would make programs cost prohibitive. We suggest that you look at your own insurance policy to be sure you are adequately covered. LCSRA assumes no responsibility for personal injuries or loss of personal property.

# REGISTRATION INFORMATION



**REGISTRATION BEGINS**  
LCSRA RESIDENT: MAY 11  
NON-RESIDENT: MAY 25

The following registration procedures have been developed to provide equal registration preference to all resident ID card holders.

1. Phone registration will not be accepted unless otherwise noted.
2. Registration for programs will end 48 hours prior to the starting date unless otherwise noted.
3. There will be a \$35 service charge for returned checks.

*NOTE: Fees are subject to change*

## REGISTRATION PROCEDURES

1. Choose the program you want.
2. Complete the registration form. Include the code numbers indicated.
3. Make checks payable to LCSRA. Program fees may be combined for each family.
4. Sign the form. All adult participants must sign. Parent or guardian signature required for participants under 18 years of age.
5. Drop-off or mail your registration to any of the following locations:
  - Annerino Community Center: 201 Recreation Drive, Bolingbrook, IL 60440
  - Bolingbrook Recreation & Aquatic Complex: 200 S. Lindsey Lane, Bolingbrook, IL 60440

**LCSRA is not responsible for lost or misdirected mail.**

## REFUND POLICY

A full refund will be provided up to two (2) days before the registration deadline or in the event of no registration deadline, two (2) days before the start of an activity, event, or program. After that point, the refund will be pro-rated. To receive a Request Form, please visit or call one of the following locations:

Annerino Community Center, 201 Recreation Dr. at 630.739.0272 or Bolingbrook Recreation & Aquatic Complex, 200 S. Lindsey Ln. at (630) 739-1700, or visit us online at [bolingbrookparks.org](http://bolingbrookparks.org). Your receipt, cancelled check or proof of ID may be required. Once approved, refund checks will be mailed within fifteen (15) business days. The completed *Refund Request Form* must be returned to one of our customer service desks two (2) days before activity, event, or program start date or registration deadline.

## SATISFACTION GUARANTEE

At LCSRA, we strive to provide you with quality recreation activities, events and programs. We are confident that you will like these programs. So confident that we will ensure our promise to provide that high quality. The LCSRA guarantees that you will be satisfied with recreation classes, programs and services in which you participate. If after completing two classes you are not completely satisfied, tell us and we will arrange for you to do one of the following:

1. Repeat the class at no charge
2. Receive full credit that can be applied to any other class, program or service
3. Receive a full refund

If you are not satisfied we kindly request input on how we can improve. To receive a Request Form, please visit or call one of the following locations: Annerino Community Center, 201 Recreation Dr. at 630.739.0272 or Bolingbrook Recreation & Aquatic Complex, 200 S. Lindsey Ln. at 630.739.1700, or visit us online at [bolingbrookparks.org](http://bolingbrookparks.org). Your receipt, cancelled check or proof of ID may be required. Once approved, refund checks will be mailed within fifteen (15) business days. The completed Satisfaction Guarantee Request Form must be completed and returned to one of our customer service desks before the third class meeting.

*Satisfaction Guarantee does not apply to golf course green fees, pro shop merchandise, adult sport leagues, food or meals, beverages, facility memberships, daily admissions or tickets to entertainment or sporting events, as well as a few select programs.*



Online Registration Resident ID card holders automatically receive their login and password to register online. If you are a Resident ID card holder and have not received your login information, please call our Application Support Specialist at (630) 783-6517. Nonresidents may register online by becoming Parkie's E-club members. Parkie's E-Club forms are available at all facilities or downloadable on the registration page at [bolingbrookparks.org](http://bolingbrookparks.org). Nonresidents simply have to fill the form out and drop it off at a Park District facility. Your login information will be emailed to you.



IN ORDER TO PROTECT YOUR PRIVACY, FAX ORDERS PAID BY CREDIT CARD WILL NO LONGER BE ACCEPTED. CREDIT CARDS WILL STILL BE ACCEPTED IN PERSON OR ONLINE.



## YEAR-ROUND PROGRAMS FOR INDIVIDUALS WITH DISABILITIES



Lily Cache Special Recreation Association (LCSRA) represents the partnership between Bolingbrook and Plainfield Park Districts in their mission to serve the special needs population. Our goal is to provide recreational programs which build self-esteem and promote a lifetime of growth. LCSRA fosters an environment which allows individuals to discover their own unique potential and abilities.

For more information, please visit us at [lilycachesra.org](http://lilycachesra.org)

### LCSRA WOULD LIKE TO THANK ITS GENEROUS DONORS:

- Bolingbrook Family Chiropractic
- Bolingbrook Grey Core
- Bolingbrook Knights of Columbus
- Bolingbrook Lions Club
- GM Financial
- Jacqueline and David Saylor
- Tressler, LLP
- Village of Bolingbrook

### JOIN OUR MAILING LIST!

Be sure you're on the list to receive our seasonal brochure full of the latest programs and events. Simply email Jill Mukushina at [jmukushina@lilycachesra.org](mailto:jmukushina@lilycachesra.org) or call 630.783.6583.

LILY CACHE SPECIAL RECREATION ASSOCIATION  
Annerino Community Center (ACC) | 201 Recreation Drive, Bolingbrook, IL  
630.739.1124 | Relay: 800.526.0844

Plainfield Recreation/Administration Center (PREC) | 23729 W. Ottawa Street, Plainfield

[lilycachesra.org](http://lilycachesra.org)





Lily Cache Special Recreation Association

201 Recreation Drive  
Bolingbrook, IL 60440  
lilycachesra.org

PRSR STD  
U.S. Postage

**PAID**

Bolingbrook,  
IL 60440  
Permit No. 127

LOOK FOR THE FALL LCSRA GUIDE THE WEEK OF AUGUST 1



Like LCSRA on Facebook for more program information, great photos and to share feedback with us.



Like us on  
**Facebook**